



XXI TROFEU VILA DE PALAMÓS

5th INTERNATIONAL KABB OPTIMIST TROPHY

5th NATIONS CUP

February 18 – 21, 2010

Club de Vela Palamos, Catalonia, Spain

Club de Vela Palamós, Federació Catalana de Vela and KABB Optimist Training is proud to host the 5th International KABB Optimist Trophy – 5th Nations Cup –XXI Vila de Palamós

1. Date and Venue

The 5th International KABB trophy- 5th Nations Cup will be held from February 18-21, 2010. The venue will be near the Club de Vela Palamos, Palamos, Catalonia, Spain.

2. Organization and Rules

2.1 The regatta will be organized by the Federació Catalana de Vela, Club de Vela Palamos, and KABB Optimist Training and will be sailed under the “rules” as defined in the current Racing Rules of Sailing (rules) and the current International Optimist Class Rules. If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions will take precedence.

2.2 Appendix P will apply.

3. Eligibility

3.1 Competitors are required to be current members of the Optimist organizing authority for the country of their residence and have been born on or after January 1, 1994.

3.2 All sailors have to compulsorily register through the website of the regatta and pay the entry fee before the 8 of February 2010.

All the participant sailors of the International Optimist Clinic HAVE TO REGISTER COMPULSORILY THROUGH THE WEBSITE OF THE REGATTA BEFORE THE 1st FEBRUARY 2010, but are exempt from paying the entry fee for the regatta.

3.3 The regatta will be open to all participants in the International Optimist Clinic 2010, 70 entries from the Federació Catalana de Vela, 10 sailors from Club de Vela Palamos, and sailors from Spain and other countries until a **maximum number of 360 participants has been reached**. Entries will be accepted by the first come – first served principle.

4. Format of the Regatta

In the event that there are more than 80 sailors registered, the fleet will be divided into divisions. Two race courses may be used to secure the best possible racing. It is the goal of the organizing authority to have starts with no more than 80 boats.

5. Schedule

Thursday, February 18

10.00 – 20.00 Sign in at Aparthotel Palamós

Friday, February 19

09.30 **Mandatory Coaches' meeting**

10.00 Competitor's meeting

10.30 Harbour start

11.00 Warning signal for 1st race of the day

Saturday, February 20

09.30 Coaches' meeting

10.00 Harbour start

11.00 Warning signal for 1st race of the day

Sunday, February 21

09.30 Coaches' meeting

10.00 Harbour Start

11.00 Warning signal for 1st race of the day

15.00 No warning signal after this time

After racing Awards ceremony

6. Racing

The racing areas will be described in the Sailing Instructions.

7. Course

The course will be the Optimist Trapezoid with a gate at the leeward mark.

8. Scoring

8.1 The Low-Point Scoring System, Appendix A, will be used as modified by NOR 8.2.

8.2 A competitor's worst finish may be discarded when five or more races have been completed; and a competitor's next worse finish may be discarded if ten or more races have been completed.

8.3 One race is required to complete the regatta.

9. Sailing Instructions

Sailing Instructions will be available at the onsite sign in.

10. Protests

A boat intending to protest shall display a red flag. This instruction changes rule 61.1(a)(2).

11. Personal buoyancy

Each competitor must wear a personal flotation device (PFD), properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Wet suits, dry suits and inflatable Personal Flotation Devices do not constitute adequate personal buoyancy. Failure to wear one will result in a penalty up to and including disqualification.

12. Safety

12.1 Parents/guardians are responsible for the safety of the sailor. It is the responsibility solely of the parent(s) of the sailor to decide if the sailor should sail in the weather and sea conditions that might arise during the event. Parents not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for their sailor.

12.2 A whistle must be attached with a lanyard to clothing. Competitors not complying with this instruction shall be given a penalty of five (5) points for each race in which they have failed to observe this instruction.

13. Support boats

All support boats shall register and shall prominently fly a designated flag from a staff, supplied by the Race Committee, at all times while in the water. Registered coach boats may enter the corridor from the starting line to the finishing line. All other boats must stay outside the course area at all times. It is the intention of this provision that each sailor shall have a support boat on the course.

14. Measurement

14.1 Competitors are allowed to use only one hull, daggerboard, rudder (with tiller and extension), mast, boom, sprit and sail during the regatta. Substitution of such equipment shall occur only with the Jury's approval.

14.2 There may be measurement on the water following each race. A number of boats may be spot checked after finishing the race.

14.4 All equipment may be subject to a safety check.

15. Liability

Participants compete entirely at their own risk. A waiver must be signed by all competitors and their parent/guardian.

16. Entry fee

16.1 The regatta entry fee will be Euro 80 (non clinic participants). Entry fee for clinic participants is included in the entry fee for the clinic.

16.2 The entry forms must be sent with the corresponding entry fee. Only CASH or BANK TRANSFER will be accepted. Bank: Banc de Sabadell Bank account: 0081-0117-86-0001097216
Swift code: BSAB ESBB
IBAN:ES 980081-0117-86-0001097216.

16.3 The Organizing Committee has the right to accept entries received after the entry deadline.

17. Trophies

Overall: 1st through 10th
12 and under: 1st through 3rd
13 and over: 1st through 3rd
Top girl: 1st through 3rd

18. Nations Cup

18.1 Scoring system

For the Nations Cup, the total points without discard of the 4 sailors with the best individual cumulative results from each country in all races which count will be added to give a team total score.

The Trophy will be awarded to the country with the best team total score.

18.2 Trophies

Catalan Government Trophy 1st team

19. Special award

The Palamós Town Hall and the CV Palamos will give the MARTINET special award to the fleet bravest- fighter sailor

20. Designated Adult

20.1 Each competitor shall indicate in writing a parent or adult representative that shall responsible for the competitor throughout the event.

20.2 It is the competitor's parents (or designated adult) decision to enter the regatta and to start or continue any race. The adults supervising the competitors are ultimately responsible for the risks.

20.3 The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

21. Additional information

For additional information contact:

Club de Vela Palamós, e-mail: cvp@cvpalamos.org

22. Charter boats

Charter boats will be available from Winner Optimist. Please contact Paul Depoorter at winner@winner.es

23. Accommodation

ESPAI DE VIATGES S.L.

c/ Didac Garrell 4
17230 PALAMOS - GIRONA - SPAIN

Phone: + 34 972 31 42 88
Fax: + 34 972 60 20 16
E-mail: palamos@espaideviatges.es

24. Effective Date.

This Notice of Race was posted on October 2009.